Name: _____ Date: _____

CHOICE KITCHEN

Choice Kitchen Therapeutic / Renal Menu

Place your meal counts in the box.

Code	Name & Description	Meal Count
4001	**Oven Fried Chicken,** White Rice, Diced Carrots, Diced Pears 676 Calories, 27.2 g Protein, 39.2 g Fat, 4.8 g Fiber, 89.5 mg Calcium, 855 mg Sodium, 53.6 g Carbohydrates, Potassium 528mg, Phosphorus 168 mg	
4002	**Italian Beef Pasta,** Green Beans, Broccoli w/ Red Pepper, Pears 413 Calories, 24.2 g Protein, 16.4 g Fat, 7.8 g Fiber, 125.7 mg Calcium, 488 mg Sodium, 43.2 g Carbohydrates, Potassium 1010 mg, Phosphorus 170 mg	
4003	**Meatloaf with Gravy,** Key West Blend, White Rice, Dinner Roll, Diced Peaches 486 Calories, 21.6 g Protein, 16.7 g Fat, 6.1 g Fiber, 109.2 mg Calcium, 352 mg Sodium, 63 g Carbohydrates, Potassium 299 mg, Phosphorus 180 mg	
4004	**Potato Crunch Pollock w/Tartar Sauce,** Corn, Diced Carrots, Dinner Roll, Mixed Fruit 414 Calories, 14.5 g Protein, 13 g Fat, 5.9 g Fiber, 60.9 mg Calcium, 577 mg Sodium, 62.3 g Carbohydrates, Potassium 854 mg, Phosphorus 199 mg	
4005	**Grilled Chicken Fillet,** Mixed Vegetables, Sliced Apples, Dinner Roll, Tropical Fruit 391 Calories, 20.4 g Protein, 7 g Fat, 7 g Fiber, 52.8mg Calcium, 543 mg Sodium, 62.5 g Carbohydrates, Potassium 819 mg, Phosphorus 180 mg	
4006	**Cubed Steak with Mushroom Gravy,** White Rice, Cooked Cabbage, Diced Peaches, Apple Juice 509 Calories, 21.3 g Protein, 15.7 g Fat, 5.2 g Fiber, 204.8 mg Calcium, 665 mg Sodium, 68.4 g Carbohydrates, Potassium 539 mg, Phosphorus 82 mg	
4007	**Sliced Turkey Breast with Gravy,** Cut Corn, Cauliflower, Dinner Roll, Mixed Fruit, Apple Juice 332 Calories, 15.7 g Protein, 4.4 g Fat, 4.1 g Fiber, 71.2 mg Calcium, 495 mg Sodium, 58.6 g Carbohydrates, Potassium 528 mg, Phosphorus 168 mg	
4008	**Beef Pot Roast with Gravy,** Mashed Potatoes, Diced Carrots, Mixed Fruit, Dinner Roll, Grape Juice 554 Calories, 23.6 g Protein, 14.6 g Fat, 6.4 g Fiber, 155.7 mg Calcium, 469 mg Sodium, 80.8 g Carbohydrates, Potassium 981 mg, Phosphorus 251 mg	
4009	**Chicken Roma with Pasta,** Italian Blend Vegetables, Applesauce, Cranberry Juice 502 Calories, 34 g Protein, 8.8 g Fat, 5.7 g Fiber, 122.4 mg Calcium, 700 mg Sodium, 69.6 g Carbohydrates, Potassium 526 mg, Phosphorus 76 mg	
4010	**Charbroiled Hamburger,** Green Beans, Hamburger Bun, Diced Pears, Cranberry Juice 567 Calories, 22.6 g Protein, 20.9 g Fat, 6.2 g Fiber, 221 mg Calcium, 576 mg Sodium, 69.8 g Carbohydrates, Potassium 199 mg, Phosphorus 82 mg	

Questions? 844-506-8487

Substitutions may be made if a product is not available. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.

Allergen Icon Key:

= Milk **= Tree Nuts** **= Fish** **= Sesame**

= Egg **= Wheat** **= Soy** **= Peanuts** **= Shell Fish**

Last modified September 17, 2026