



CHOICE
KITCHEN

Name: _____ Date: _____

Choice Kitchen Therapeutic / Renal Menu

Place your meal counts in the box.

Code	Name & Description	Meal Count
4001	Oven Fried Chicken , White Rice, Diced Carrots, Diced Pears 🌾 676 Calories, 27.2 g Protein, 39.2 g Fat, 4.8 g Fiber, 89.5 mg Calcium, 855 mg Sodium, 53.6 g Carbohydrates	
4002	Italian Beef Pasta , Green Beans, Broccoli w/ Red Pepper, Gelatin Cup 🥛🌾🥚🥚 413 Calories, 24.2 g Protein, 16.4 g Fat, 7.8 g Fiber, 125.7 mg Calcium, 488 mg Sodium, 43.2 g Carbohydrates	
4003	Meatloaf with Gravy , Key West Blend, White Rice, Dinner Roll, Diced Peaches 🥛🌾🥚 486 Calories, 21.6 g Protein, 16.7 g Fat, 6.1 g Fiber, 109.2 mg Calcium, 352 mg Sodium, 63 g Carbohydrates	
4004	Potato Crunch Pollock w/Tartar Sauce , Corn, Diced Carrots, Dinner Roll, Mixed Fruit 🐟🥛🌾 414 Calories, 14.5 g Protein, 13 g Fat, 5.9 g Fiber, 60.9 mg Calcium, 577 mg Sodium, 62.3 g Carbohydrates	
4005	Grilled Chicken Fillet , Mixed Vegetables, Sliced Apples, Dinner Roll, Tropical Fruit 391 Calories, 20.4 g Protein, 7 g Fat, 7 g Fiber, 52.8mg Calcium, 543 mg Sodium, 62.5 g Carbohydrates	
4006	Cubed Steak with Mushroom Gravy , White Rice, Cooked Cabbage, Diced Peaches, Apple Juice 🥛🌾🥚 509 Calories, 21.3 g Protein, 15.7 g Fat, 5.2 g Fiber, 204.8 mg Calcium, 665 mg Sodium, 68.4 g Carbohydrates	
4007	Sliced Turkey Breast with Gravy , Cut Corn, Cauliflower, Dinner Roll, Mixed Fruit, Apple Juice 🥛🌾🥚 332 Calories, 15.7 g Protein, 4.4 g Fat, 4.1 g Fiber, 71.2 mg Calcium, 495 mg Sodium, 58.6 g Carbohydrates	
4008	Beef Pot Roast with Gravy , Mashed Potatoes, Diced Carrots, Mixed Fruit, Dinner Roll, Grape Juice 🥛🌾🥚 554 Calories, 23.6 g Protein, 14.6 g Fat, 6.4 g Fiber, 155.7 mg Calcium, 469 mg Sodium, 80.8 g Carbohydrates	
4009	Chicken Roma with Pasta , Italian Blend Vegetables, Applesauce, Cranberry Juice 🥛🌾🥚 502 Calories, 34 g Protein, 8.8 g Fat, 5.7 g Fiber, 122.4 mg Calcium, 700 mg Sodium, 69.6 g Carbohydrates	
4010	Charbroiled Hamburger , Green Beans, Hamburger Bun, Diced Pears, Cranberry Juice 🥚 567 Calories, 22.6 g Protein, 20.9 g Fat, 6.2 g Fiber, 221 mg Calcium, 576 mg Sodium, 69.8 g Carbohydrates	

Questions? 844-506-8487

Substitutions may be made if a product is not available. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.

Allergen Icon Key:

-  = Milk
-  = Tree Nuts
-  = Fish
-  = Sesame
-  = Egg
-  = Wheat
-  = Soy
-  = Peanuts
-  = Shell Fish